PLEASE NOTE
WE ARE A CASHLESS VENUE
CARD PAYMENTS ONLY

GET FREE WIFI AT ARENS NOW

ARENS

STARTERS

HOUSE BUNS
A secret family recipe freshly baked every day

House Bun Basket V 4.5
Garlic House Buns V 5
Garlic House Buns & Melted Cheese V 7

Winter Garden Soup 7
Warm Glazed House Bun & French Butter

Buffalo Cauliflower Bites V 10
Crisp Fried Cauliflower Shoots tossed in Frank's Buffalo Sauce & served with a Ranch dip.

Vegan Jackfruit Wings VE 10
BBQ Sauce, Vegan Mayonnaise, Scallions & Crispy Onion.

Prawn Cocktail GF 12
Shredded Iceberg, Julienne Carrot, Lemon, Paprika, Marie Rose Sauce & Gluten Free Bread.

Jamaican Jerk Chicken Thigh Bites GF 12
Served with Spring Onions, Fried Sweet Plantains, Crushed Chillies & a Sour Cream dip.

Tuna Ahi 12
Pan Fried Sesame Seed Yellowfin Tuna Steak Garnished with Spring Onion, Fried Onions, Soya, Sriracha Mayo, Sweet Chilli & Ginger Dressing.

Panko Calamari 12
Light & Crispy Calamari with Sriracha Mayo.

Halloumi Batons V GF 12.5
Sweet Chilli, Garlic Sauce & Pomegranate.

Nachos V 13
Homemade Cheese Sauce, Salsa, Sour Cream & Jalapeños. ***Add Guacamole for £3.***

Arens Rock Shrimp 13
Light & Crispy Battered King Prawns tossed in Creamy Dynamite Sauce topped with Sesame Seeds, Spring Onion & Red Chilli.

Tuscan Shrimp & Diver Scallops 14
Spinach, Sun-dried Tomatoes, Shallots, Garlic, Chives, Cream Coconut & a Glazed Arens House Bun

SALADS & PASTA

Classic Tossed Caesar
Caesar Dressing, Shaved Parmesan, Chopped Baby Gem, Hard-Boiled Egg, Anchovies & Herb Croutons
(+4 Grilled Chicken)
13

Mexican Salad
Tomatoes, Tortilla Chips, Jalapeños, Charred BBQ Sweetcorn, Cherry Tomatoes, Leaf Mix & Ranch Dressing
(+4 Grilled Chicken)
13

Cream of Mushroom Truffle Fettuccine
A mix of Closed-Cup, Portobello & Chestnut Mushrooms Sautéed in Butter, Thyme & Garlic, Cream, Chives & Black Truffle Oil.
17

SEAFOOD

Salmon Teriyaki 25
Coconut Rice, Grilled Tenderstem Broccolini, Fried Onions, Sesame Seeds & Spring Onions.

Pan-fried Seabass GF 25
Garlic Butter, Lemons, Grilled Broccolini, Chives & Creamy Mash

Seafood Fettuccine 24
Salmon, Tiger Prawns, Diver Scallops, Wilted Baby Spinach, Cherry Tomatoes, Red Peppers, Garlic Butter & Coriander.

SUNDAY ROAST

All served with chefs vegetables, Maris piper roast potatoes, legendary gravy & Yorkshire puddings

Grass Fed French Trim 12oz Chicken Breast 30
Rare Sirloin of Beef 30
Pork Porchetta, Apple & Crackling 30
Rosemary & Mint Lamb Shank & Honey Roasted Parsnips 30
Ultimate Mixed Roast *A selection of four premium roast cuts of the day* 40
Vegetarian Cashew, Cranberry & Mushroom Nut Roast V 30

WHY NOT ADD A FEW EXTRAS TO YOUR ROAST?

Pigs in Blankets & Stuffing 6
Fully Loaded Sunday Roasties 4
Melted Cheese, Fried Onions & Our Rich Red Wine Gravy
↳ **OR AS A MAIN DISH PORTION** 10

LITTLE FOLK ROAST

Slice of Beef or 4oz Chicken 12
Served with Roast Potatoes, Greens & Gravy

BURGERS

All served with Lettuce, Tomatoes, Onions, Arens Slaw & Seasoned Fries.

Ultimate Bacon & Cheese Melt
Two Grilled Juicy Beef Patties, Smoked Bacon, Monterey Cheese, Pickles & Arens Special Sauce on a Arens House Bun.
18

Fried Chicken Tikka Masala Burger
Crunchy 100% Chicken Breast Dipped in Tikka Masala Sauce, Spring Onion, Sweet Chilli, Jalapeños, Onion Bhaji, Cheese & Garlic Mayo.
19.5

Vegan Plant Burger V
Chargrilled Plant Based Patty, Flat Mushroom, Vegan Monterey Cheese, Makers Mark BBQ sauce, Fried Onions & Pickles on a Arens House Bun.
19.5

Vegetable · Chicken · Seafood · Spice · Beef · Pork · Fish · Lamb

V - Vegetarian • VE - Vegan • GF - Gluten Free

STEAKS

TOLLY & SONS
MEMBER
EXCLUSIVE PARTNERSHIP

An Exclusive Partnership. Sourced directly from Tolly & Sons, our local farm shop in Moor Park, Northwood, our beef is hand-selected from the finest breeds and dry-aged for a full 28 days in traditional salt-moss chambers.

This meticulous process unlocks exceptional tenderness, a rich, savoury depth, and a buttery-smooth texture with intensely juicy flavour – the true hallmark of outstanding quality. Every cut tells the story of trusted local expertise. Indulge in our handpicked cuts each offering a buttery-smooth texture and deep, juicy taste that sets a new standard for quality.

Served with Rocket, Arens Slaw, Seasoned House Fries & Grilled Tomato.

250g Pave Rump GF *Recommended Medium Rare* 29
300g Sirloin GF *Recommended Medium* 38
300g Rib-eye GF *Recommended Medium* 38
250g Fillet GF *Recommended Medium Rare* 39

LARGE CUTS
For the hungry or to share.
600g Chateaubriand GF 75
Porterhouse T-Bone GF 79
900g Stingray Tomahawk GF 80

SPECIALS
Arens Water-Bathed Beef Steak 28
A family recipe perfected over decades, succulent slow cooked 12oz Beef steak, Chestnut Mushrooms, Caramelised Onion, Bacon Lardons in a Red Wine sauce with Creamy Mash.

Surf & Turf Thermidor 60
Our take on classic where land meets sea in a combination of Grilled Lobster, King Prawns, Scallops in a dill & cream sauce with Melted Cheese & accompanied by our finest 100g fillet steak.

Picahna Skewer & Chimchurri 49
Succulent Brazilian Premium Rump cap, skewered & fire-grilled for bold beefy flavour.

LEVEL UP
Add a Steak sauce: 2
Bearnaise, Peppercorn or Creamy Mushrooms.

STEAK TOPPINGS
Chilli Butter 1.5
Garlic Butter 1.5
Bone Marrow Butter 2

ULTIMATE TOPPINGS
Five King Prawns & Garlic Butter 9
Half Rack Ribs 15

SIDES

Arens Slaw V 4.5
Flavoured Rice V 4.5
Seasoned Fries V 4.5
Truffle & Cheese Fries V 10
Mixed Salad V 4.5
Grilled Broccolini & Parmesan V 5
Sweet Potato Fries V 5
Creamy Mash V 5
Mac & Cheese V 6
Onion Ring Tower V 10
Halloumi Batons V 12.5

DO YOU HAVE AN ALLERGY?

V050726

ARENS COCKTAILS

15

Rose Gin & Tonic
Gin, Peach Liqueur, Lemon Juice, Sugar Syrup, Rose Lemonade & Mint

Raspberry Mojito
Raspberry, Mint, Syrup, Lime Juice, White Rum, Raspberry Purée & Soda

Pink Fluff
Vanilla Vodka, Chambord, Cranberry, Bubblegum Syrup & Candy Floss

Gin Garden
Hendricks, Cucumber Juice, Elderflower & Apple Juice

Strawberry Frost
Rum, Strawberries, Lime, Coconut

Aperol Spritz
Aperol, Soda & Prosecco

Cosmopolitan
Vodka, Cointreau & Cranberry

Long Island Iced Tea
Vodka, Gin, Tequila, Rum, Cointreau, Lime Juice & Pepsi

Sex On The Beach
Vodka, Peach Schnapps, Orange, Cranberry

Mojito
Lime, Sugar, Fresh Mint, & Rum

Espresso Martini
Vodka, Espresso, Kahlua Liqueur

Atlantis Mojito
White Rum, Passion Fruit, Lime, Mint, Soda and Sugar Syrup

Strawberry Daiquiri
Strawberry Puree, Rum, Lime & Sugar

Pornstar Martini
Vanilla Vodka, Passion Fruit and Lime Juice, with a Shot of Prosecco

Aku Aku
Pineapple Juice, White Rum, Peach Liqueur, Fresh Mint, Sugar syrup and lemon juice

Bramble
Pink Gin, Raspberry Liqueur, Lemon Juice & Raspberry Syrup

Piña Colada
White Rum, Pineapple & Cream

Old Fashioned
Bourbon, Sugar Syrup & Angostura Bitters

Margarita
Tequila, Lime Juice, Salt & Cointreau

Amaretto Sour
Amaretto, Bourbon, Lemon Juice

Negroni
Gin, Campari, Vermouth

Halloween Horror

A terrifying mix of Edible Witches Eyeballs, a Syringe of Vampire Blood aka Chambord, Bombay Gin, Blue Curacao, Lemonade, Fresh Lemon

15

MOCKTAILS ALL 8

The Vetruvian
Cloudy Apple Juice, Elderflower Cordial, Lime Juice & Tonic Water

Butter Beer
Vanilla Cream Soda, Butterscotch & Whipped Cream

Elixir
Rhubarb Syrup, Lime Juice, Strawberry, Mint & Ginger Ale

MILKSHAKES ALL 10.5

Available until 10pm

OREO | Biscoff | Reese's | VANILLA | nutella

PREMIUM SPIRITS

All Spirits are 50ml and come with a Mixer

GIN

Tanqueray London Dry	10
Bombay Sapphire	10
Beefeater Blackberry	10
Edinburgh Gin - Rhubarb & Ginger	12
Hendrick's	12
Roku Japanese Craft	12
Monkey 47 Schwarzwald Dry	15

RUM

Plantation Trinidad Original	10
Havana 7 Year Old	10
Mount Gay Barbados	12
Wray & Nephew White Overproof	12
Flor De Cana 12 Year	12

WHISKY

Johnnie Walker Black Label	10
Maker's Mark Bourbon	10
Proper Twelve Whiskey	12
Monkey Shoulder	12
Dalwhinnie 15 Year Old	14
Macallan 12 Year Old	15

VODKA

Grey Goose	12
Belvedere	12
Au Vodka Fruit Punch	12
Au Vodka Black Grape	12
Au Vodka Red Cherry	12
Au Vodka Blue Raspberry	12
Au Vodka Bubblegum	12

BRANDY

Courvoisier VS	10
Martell VS	10
Remy Martin VSOP	10
Hennessy VS	12
Remy Martin XO Premier Cru	58

TEQUILA

Volcán De Mi Terra Blanco	12
Volcán De Mi Terra Reposado	12
Volcán De Mi Terra Cristalino	12
Volcán De Mi Terra X.A. Extra Ages	20

NON ALCOHOLIC SPIRITS

All Non-Alcoholic Spirits are 50ml and come with a Mixer

Lyre's American Malt | Bourbon Style	10
Lyre's Premium Dry London | Gin Style	10
Lyre's Pink London | Pink Gin Style	10
Lyre's Dark Cane | Dark Rum Style	10

DESSERT COCKTAILS

10

Choco Express
Martell vs, Captain Morgan Dark Rum, Chocolate Syrup & Espresso

Dulce De Leche
Vodka, Baileys, Caramel Syrup, Toffee Caramel & Single Cream

SHOOTERS ALL 8



Jam Doughnut
Baileys & Chambord with a sugar crusted rim

Jäger Bomb
Jäger shot, with half a can of energy drink

Skittle Bomb
A Jäger bomb, with Cointreau instead

Head Shot
Kahlua, Baileys and a squirt of whipped cream

B52
Kahlua, Baileys and Cointreau

COCKTAIL TREE

12 Glasses Per Tree

Cost per glass including offer



House Prosecco	5.5
House Champagne	9
Pornstar Martini	11
Gin Garden	11

A PIRATES LIFE FOR ME



Spiced Rum, Benedictine, Cherry Brandy, Lime Juice, Peach Puree & Pineapple Juice

20

Ideal For 4 People

PORT & DESSERT WINE

Croft Reserve Tawny
Dried apricot, roasted almonds & walnut

8.2

Elysium Black Muscat
Beautiful soft strawberry flavours with floral notes

9.5

SMOOTHIES ALL 7

Strawberry & Banana Split
Strawberry, Banana

Green Machine
Kale, Spinach, Mango

Tropical Punch
Mango, Pineapple, Strawberry, Kiwi, Coconut

Arens Passion
Pineapple, Mango, Passion Fruit

SOFT DRINKS

COLD DRINKS

Pepsi	3.5
Diet Pepsi	3.5
Lemonade	3.5
Freshly Squeezed Juice *Orange or Apple*	5.95
Red Bull	4.85
Apple & Raspberry J2O	4.9
Appletiser	4.9
Still Bottled Water *Large*	5
Sparkling Bottled Water *Large*	5
Trip CBD Infused 250ml *Elderflower, Mint or Peach & Ginger.*	5
Ginger Beer	5.75
Rose Lemonade	5.75

HOT DRINKS

Tea *Earl Grey, Breakfast, Green or Mint.*	3
Espresso	3
Filter Coffee	3
Americano	3
Latte	3.5
Cappuccino	3.5
Hot Chocolate	4.5
Liqueur Coffee	8
Baileys Hot Chocolate	8

BEER & CIDER

BOTTLES

Peroni Libera (Alcohol Free) *330ml*	4.5
Sol Original Lager *330ml*	4.5
Peroni Lager *330ml*	5.25
Doom Bar Ale Bottle *500ml*	6.6
Magners Cider *568ml*	6.75
Old Mout Kiwi & Lime *500ml*	8
Old Mout Berries & Cherries *500ml*	8
Guinness 0.0% *538ml CAN*	7.2

DRAUGHT

	1/2	Pint
Arens Light	3.5	5.5
Stella Artois	3.8	6
San Miguel	4.5	7.2
Modelo Especial	4.7	7.8
Guinness		7.8
Beavertown Neck Oil		8.5
Kopparberg Strawberry & Lime		7.5

SPARKLING & CHAMPAGNE

SPARKLING

	125ml	Btl
Arens House Prosecco	9	37
Non Alcoholic Prosecco	8	32

CHAMPAGNE

Arens House Champagne	70
Veuve Clicquot Yellow Label Brut	115
Laurent-Perrier Champagne Cuvée Rosé Brut	145
Moët & Chandon Impérial Brut	109
Moët & Chandon Rosé	125
Moët & Chandon Ice Imperial (Demi-Sec)	125
Moët & Chandon Ice Imperial Rosé	135
Louis Roederer Cristal	350

WINE

WHITE	125ml	175ml	250ml	Bottle
Arens House White	6.7	7.4	10.5	30
Versare Pinot Grigio	8.8	9.7	12.5	33.5
Las Montanas Chardonnay	9.1	10	12.9	35
Wild House 'Chenin Blanc'	9.7	10.7	13.8	39
Pierre Chainier Sauvignon Blanc	10.3	11.4	14.7	41.5
Araldica La Luciana Gavi DOCG				48
Vila Nova Loureiro DOC Vinho Verde				51
Domaine de la Motte Chablis AOP				87

RED	125ml	175ml	250ml	Bottle
Arens House Red	6.7	7.4	10.5	30
Versare Montepulciano	8.8	9.7	12.5	33.5
Los Pastos Merlot	9.1	10	12.9	35
Para Dos Malbec	10.3	11.4	14.7	41
Les Volets Pinot Noir IGP Haute Vallée de l'Aude				42
Senora Rosa Cabernet Sauvignon				48
Cruse Bordeaux Rouge				57

ROSE	125ml	175ml	250ml	Bottle
Burlesque White Zinfandel Rose	8.8	9.7	12.5	33.5
Piattini 'Pinot Grigio' Rose	10.1	11.1	14.3	36
Whispering Angel Chateau d'Esclans	16	18	22	65

PLEASE NOTE: *If you require a bottle that is not on this menu, please do not hesitate to ask and we will do all we can to provide it for you.*