

## GRAINS & SEEDS

House made granola with nuts and goji berries with low fat yoghurt 7

Chia seed porridge with coconut milk, caramelised banana, pistachio, hemp seeds 7

\* Organic oat porridge, blueberries, pecan nuts, fresh figs 7

## LOCAL FAVOURITES

\* Fry up 16

*Eggs any style, sausage, bacon, tomato, baked beans, portobello mushrooms, black pudding*

\* Vegetarian Fry up 14

*Eggs any style, crushed avocado on sourdough, tomato, baked beans, portobello mushrooms, sweet potato and cauliflower hash*

Kedgerie with soft boiled egg 12

*Choice of smoked haddock or white crab meat*

The Balcon bap 9

*streaky bacon, sausage, Clarence Court fried egg*

Crushed avocado, Cornish crab, pink grapefruit, on grilled sourdough 11

Grilled kippers, mustard & lemon butter 12

## BAKER'S SELECTION 12

Freshly baked French pastry basket  
freshly squeezed juice, coffee or tea

## EGGS FROM CLARENCE COURT

Poached eggs, chorizo, crushed avocado, rocket on crumpets, béarnaise sauce 8/16

\* Three free range whole egg or egg white omelette 14  
*choice of cheese, ham, mushroom, spinach, tomatoes, peppers*

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Spiced scrambled eggs, grilled avocado and homemade butter bun 15

Egg Benedict 7/14

*choice of ham, spinach or salmon*

Smoked salmon and scrambled eggs on sourdough 14

\* Two free range eggs cooked to your liking 7

Poached lobster & caviar omelette,  
potato hash, 22 carat gold leaf 50

## CONTINENTAL BUFFET 19

*Complimentary for children under 5 years old - 5 to 12 year old 12.5*

Freshly squeezed juices and smoothies  
Choice of hot beverages

Selection of freshly baked croissants, pains au chocolat pastries, muffins, cakes and bread served with homemade jams and Beillevaire butter

Selection of cereals  
Homemade granola, cornflakes, All Bran, Coco Pops, Weetabix, muesli

Selection of low and full fat yoghurts,  
Greek yoghurt, cottage cheese

Selection of charcuterie, Sussex smoked salmon and smoked fish

Selection of seasonal fresh fruits

## SWEET

Waffles with sweet caramel sauce 10

\* American style pancake with blueberry compote 8

Seasonal fruit bowl 4

Seasonal berries bowl 8

## DRINKS

Freshly squeezed orange or grapefruit juice 4

Smoothie of the day 4

Detox juice 4

Glass of house champagne 10

Bloody Mary, Mimosa, Bellini 12

## COFFEE & TEA

Espresso 3.5

French press coffee or americano 4

Latte, cappucino, flat white, hot chocolate 4.5

Pot of tea 4.5

*English breakfast, Earl Grey, Darjeeling, green oolong, Lapsang Souchong, jasmine, fresh mint, peppermint, camomille, ginger, roobois*

## FULL BREAKFAST

Add the continental buffet to any "A la carte" dish for an additional 12