

Quilon prides itself on offering the very best in south west coastal Indian. Here you will find an exquisite range of contemporary and healthy dishes that are created with flair, style and a deep respect for ingredients. Seafood is central but our menu also includes equally outstanding meat and vegetable choices.

To fully appreciate the depth and breadth of our unique offering, we would encourage you to share dishes with your fellow diners.

If you prefer, our chef would be delighted to plan a tasting menu tailor-made to your requirements..

STARTERS

Quilon salad

heirloom tomatoes, baby gem, watermelon, squash, avocado, fennel and micro herbs with curry leaves dressing **S**

Broccoli chop and stuffed sweet potato

with plum and mint sauce **G**

Mini masala dosa

rice and lentil pancake filled with tempered potatoes and vegetables, served with sambhar **MUS**

*Cauliflower chilli fry (gobi kempu bezule)

crispy fried cauliflower tossed with yogurt, green chilli and curry leaves **DE**

Seafood broth

mixed seafood in coriander flavoured broth **CM**

Coconut cream chicken

marinated chicken fillets with ground coconut, chilli and cumin, cooked over a griddle **D**

*Pepper shrimps

batter fried shrimps cooked in a fiery masala. **EC**

Prices include VAT and all charges, we have a no tipping policy

* Denotes spicy dish. Allergens **G**-Gluten, **N**-Nuts, **D**-Dairy, **E**-Eggs, **C**-Crustacean, **M**-Molluscan, **L**-Lupin, **S**-Sulphites, **CEL**-Celery, **F**-Fish, **SES**-Sesame, **MUS**-Mustard, **P**-Peanuts, **SOY**-Soy

MAIN COURSES

SEAFOOD

*Prawn masala

prawns marinated and cooked with onion tomato, mustard, curry leaves and coconut masala
C

Herb crusted lemon sole with mustard sauce **D G CEL MUS**

Quilon fish curry

cubes of halibut simmered in coconut, chilli, and raw mango sauce **F**

*Crispy fried squid

Baby spinach, pomegranate coriander **C G**

LAMB

*Malabar lamb Biryani

lamb cooked with traditional malabar spices in a sealed pot, with basmati rice **D**

GAME/CHICKEN

*Manglorean chicken (kori gassi)

succulent pieces of chicken cooked in finely ground fresh coconut with spices

Chicken roast

Corn fed free range chicken morsels marinated with spices and roasted

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VEGETARIAN

Crispy okra

thinly sliced okra, batter fried, tossed in onion, tomato and crushed pepper **E**

Potato and cauliflower with crushed cashew nuts

potato and cauliflower florets cooked with onion, tomato, roasted spices and crushed cashew nuts **N**

Spinach poriyal

shredded fresh spinach cooked with mustard seeds and freshly grated coconut **MUS**

*Cottage cheese and soya chunks

cooked with brown onion, tomato and spices **D SOY**

*Chickpeas masala

chickpeas cooked in a special blend of aromatic spices

Mango curry

fresh ripe mango cooked along with yoghurt, green chillies and tempered with mustard seeds and curry leaves **D MUS**

SAMPLER

Vegetarian

a selection of traditional vegetarian delicacies, a menu which includes two vegetables, mango curry served with rice, pineapple pachadi and paratha **N E D G MUS**

Non-vegetarian

a combination of traditional vegetarian/non-vegetarian delicacies, a menu which includes fish and chicken, one vegetable served with rice and paratha **D G F E N CEL MUS**

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ACCOMPANIMENTS

Fluffy steamed rice

Lemon rice

basmati rice tossed in lime juice, curry leaves, split bengal gram and pure ghee **D N MUS**

Tomato rice

basmati rice cooked with tomato, onion, chilli and mint **MUS**

Malabar paratha

soft refined flour dough beaten to thin sheet and folded to form layered bread, cooked on a skillet with pure ghee **D G E**

Tawa paratha

whole wheat layered bread cooked on skillet with pure ghee **G**

Okra pachadi

fried okras mixed with yoghurt, ground coconut, cumin seeds and mustard **D MUS**

Pachadi

pineapple and pomegranate with yoghurt, ground coconut, cumin seeds and mustard **D MUS**

Plain yoghurt **D**

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Food cooked in a kitchen that handle nuts.

TASTING MENU (FOR THE WHOLE TABLE)

Broccoli chop
Plum sauce **G**

Herb crusted lemon sole
Mustard sauce **D G CEL MUS**

Chicken Sukhe
Chicken cubes marinated with roasted ground lentil, chilli, coriander and cumin

Kothu Lamb
Marinated lamb with onion, chilli, ginger and tomatoes cut on a very hot griddle

Coconut with asparagus and snow peas
Sautéed with mustard seeds, curry leaves, green chillies and grated coconut **MUS**

Mango Curry
Fresh mango cooked with yoghurt, green chillies, tempered with mustard seeds and curry leaves **D
MUS**

Malabar Paratha
Soft refined flour dough beaten in thin sheet and folded to form layered bread, cooked on a skillet with pure ghee **G D E**

Lemon rice / Steam rice **D N MUS**

Tropical fruit salad
Sweet chilli syrup, mango sorbet, coriander and coconut espuma

Tea / Coffee
