

The Rib Room Bar & Restaurant Jumeirah Carlton Tower On Cadogan Place, London sw1x 9PY

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THE RIB ROOM BUFFET – £32

Freshly squeezed juices and a selection of fresh exotic juices Assorted breads, sweet and savoury pastries, croissants and muffins Selection of assorted cereals, muesli, granola or porridge Assorted smoked fish, cold meats and cheese Seasonal fruit compotes, selection of yoghurts and probiotic yoghurt drinks Fresh sliced exotic fruits and berries Selection of Middle Eastern breakfast specialities Wholemeal, white or granary toast Coffee, tea and herbal infusions

THE TRADITIONAL ENGLISH BREAKFAST - £39

Your choice from The Rib Room Buffet

Eggs cooked any style served with sweet cured smoked Suffolk back or streaky bacon (P); your choice of sausages: Brocket Hall pork and herbs (P), beef or chicken; grilled plum tomato; grilled Portobello mushrooms; sautéed new potatoes and Irish black pudding (P)

or

Scottish sirloin steak served with grilled plum tomato, Portobello mushroom and your choice of fried, scrambled, boiled or poached eggs

THE HEALTHY OPTION - £32

Freshly squeezed juices and a selection of fresh exotic juices Bakery basket, oat and apple muffin, granary toast served with Flora low fat spread and heather honeycomb Homemade Bircher muesli with low fat yoghurt, probiotic yoghurt drink, granola or porridge with skimmed milk Your choice from egg white omelette or poached egg on wholemeal toast Coffee, tea and herbal infusions

À LA CARTE

Two free range boiled eggs on your choice of toast	£12.00
Grilled Loch Fyne kipper with parsley and lemon butter	£16.00
Smoked salmon with scrambled eggs	£18.00
Poached Finan haddock with poached free range egg and hollandaise sauce	£16.00
Eggs Benedict (P), Royale or Florentine	£17.00
Smoked haddock Kedgeree	£16.00
Three egg free range omelette of your choice	£17.00
French brioche toast with maple syrup and streaky bacon (P)	£15.00
Buttermilk pancakes with berry compote or caramelised banana	£15.00
Griddled waffles with vanilla mascarpone and caramelised banana	£15.00
Any of these dishes can replace The Traditional English Breakfast	

Assorted breads, sweet and savoury pastries, croissant and muffins	£9.50
Wholemeal, white or granary toast	£6.00
Porridge made with your choice of milk, cream or water	£8.00
Freshly squeezed juices and selection of fresh exotic juices	£6.50
Coffee, tea or herbal infusion	£6.50

CHILDREN'S BREAKFAST

Selection of children's cereals: Coco Pops, Rice Krispies or Frosties	£6.00
Boiled free range egg with soldiers	£7.00
Beans on toast	£7.00
Pancake with Nutella, berries or caramelised banana	£7.00