

# Ben's Canteen

## Small Plates

Have as a starter, share or combine 2 or 3 to make a main course.

- **Fish Tacos**

£5

Crunchy fish, smashed avocado and salsa.

- **Ben's Epic Scotch Egg**

£6

One of the best scotch eggs in London/the world.

- **BBQ Chicken Wings**

£6

- **Mac & Cheese**

£4

- **Butcher's Board**

£6.5

Selection of cured meats and pickles.

- **Heritage Tomato Salad**

£4.5

With Rosary goat's cheese, basil & extra virgin olive oil.

- **Pork and Fennel Meatballs**

£4.5

- **Braised Lamb Flatbread**

£4.5

With harissa and Greek yoghurt.

- **Asparagus, Poached Egg & Prosciutto**

£5

- **Mixed Green Bean Salad with Mint, Preserved Lemons and Ricotta on Toast**

£4.5

- **Grilled Manouri Cheese with Honey & Toasted Walnuts**

£4

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## **Bigger Plates**

- **Rump Steak**

£15.5

With Chimichurri Sauce, Chips and Salad.

- **Fresh Grilled Fillet of Fish**

£13

With Chargrilled Fennel, Lemon and Salsa Verde.

- **Super Food Salad**

£8.5

- **Pickled Beets, Rocket, Feta and Lentils with Horseradish Mayo**

£8.5

Add Grilled Chicken: £2.5

Add Smoked Salmon: £3

Add Halloumi: £2.5

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## **Burgers**

All burgers come without extras – pimp your patty via the Sides section.

*Add cheese/streaky bacon/house gherkin for £1*

- **BC Burger**

£9

#doublebeef burger: beef patty topped with salt beef and smoked cheddar, one of London's best.

- **Sea Dog**

£7.5

The best homemade fish finger sandwich with tartare sauce and 'mustard' peas.

- **Ben's Pulled Pork Bap**

£8.5

Pulled pork & BBQ sauce, slaw, house gherkins and American mustard.

- **Crunchy Chicken Burger**

£7.5

Buttermilk spiced chicken with streaky bacon and slaw.

- **Wandsworth Food Bank Lamb Burger**

£9

Lamb & coriander patty, pickled cucumber, ginger & wasabi mayo. 50p from each one sold will go to the Wandsworth Food Bank.

- **An Awesome Veggie Burger**

£7.5

Fennel, courgette and butter bean patty with pickled red onions and salsa verde.

- **The Salad Dodger**

£13

Two beef patties and double cheese, for those who love meat sweats.

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## Sides

- **Deep Fried Pickles**  
£4
- **Celeriac Slaw**  
£3
- **Skin On Chips**  
£3.5
- **Sweet Potato Chips**  
£3.5
- **Garden Salad with Zesty Lemon Dressing**  
£3
- **Garlic and Parmesan Bread**  
£3
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## Desserts

- **Affogatto**  
£3
- **Passion Fruit Cheesecake**  
£5.5
- **Ben's Ice Cream Sundae with Salted Caramel Sauce, Nuts & Banana**  
£6
- **Homemade Brownie with Vanilla Ice Cream**  
£5
- **Eton Mess**

£5

With raspberry meringues, summer berries & whipped cream.

- **British Cheeses with Crackers and House Chutney**

£4.5

- **Snickerbocker Glory**

£9

So wrong, yet so right. Ice cream sundae meets alcoholic milkshake.