



WILD FOOD CAFÉ

PLANT BASED RESTAURANT & WELLBEING OASIS

STARTERS

Wild Garden Sharing Platter | N S

wild herbs, wild leaf pesto, olive tapenade,
cashew pepper cheese, raw crackers, radish &
rhubarb pickle, apple slices, berries 15.5

BBQ Jackfruit Open Sandwich | N S

butternut squash & walnut bread, baby gem
lettuce, bbq jackfruit, garlic aioli, red cabbage
& apple slaw 10.5

Scrumptious Squash Bruschetta | N

grilled squash, asparagus, marinated tomato,
basil, garlic, cashew pepper cheese 9

| also available as a main 14.5 |

MAINS

Bombay Beach Burger | S

indian spiced pattie, mooli pickle and green chutney
in homemade green buns with cumin sweet potatoes
14.75

Classic Wild Burger | S

olive, red pepper & shiitake pattie, beef tomato,
caramelised onion, sliced gherkin in homemade green
buns with ketchup and cumin sweet potatoes 14.25

Courgetti Spaghetti | S

courgetti, basil, garlic, heritage tomatoes,
pine nut parmesan 13.75

Ayurvedic Super Salad | S

mixed leaves, courgetti, wild rice, olives, berries,
wild leaf pesto, avocado, red and yellow pepper,
mustard berry dressing 14.25

SIDES

Turkish Olives 4.5

Cumin Sweet Potatoes 5

Wild Green Salad | S 4.5

Teriyaki Almonds | N S 4

Multi-Seed Bread | S 3.25

Cheese & Onion Kale Chips | S 4.75

Raw Crackers with Wild Leaf Pesto | S 6

DESSERTS

Chocolate & Raspberry Tart | N S 8.5

Blueberry & Vanilla Cheesecake | N S 9.5

Banoffee Jar 7.5

SHOTS

Blue Flame

ginger, lemon, apple, blue spirulina 3.5

Go, Go, Goji

goji, hibiscus, dates, pomegranate molasses 3.5

Sour Power

sea buckthorn, orange, pine pollen 3.5

JUICES

Vibrant Green

fennel, sorrel, courgette, wild sea radish, mint, apple 8.25

Chasing Waterfalls

watermelon, cherry, thai basil, lime 7.5

SMOOTHIES

Forgotten Ecstasy - Watermelon Edition

cacao, watermelon, dates, he-shou-wu, algarroba, salt 8

Berries & Cream | S

strawberry, raspberry, cherry, mixed seed milk,
coconut, maca 8

HOT SPECIALITIES

Pistachio Matcha | N

pistachio, matcha, cinnamon, irish moss, maple syrup 6.5

| or have it iced with whipped coconut cream +1.5 |

Golden Chamomile | S

turmeric, ginger, chamomile, cacao butter, hemp seeds 5.5

| or have it iced with whipped coconut cream +1.5 |

Please inform a team member of any allergy or dietary requirements. Contains: N - Nuts, S - Seeds, G - Gluten

A 12.5% discretionary service charge will be added to your bill. All proceeds go directly to our team.

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