# Lunch Menu

Available Monday to Friday 11am to 5pm

# 1 Course 6.95 - 2 Courses 8.95

Dishes specially made for lunch time with lighter options & smaller portions

## ----- Antipasti ------

#### Insalata Caprese 💟 🖤 🥙

Slices of plum tomato, torn Buffalo mozzarella & fresh basil, drizzled with olive oil

#### Bruschetta Funghi 💟

Garlic mushrooms in a spinach &

### mascarpone sauce on toasted ciabatta

Mini Ciabatta Bites 💟 Mini ciabattas baked in garlic butter

#### ------ Secondi ------

#### **Piadina Italiana**

Light & crispy folded flatbread, served with salad & chunky chips

Goat's cheese, mozzarella, roasted beetroot,

#### **Pollo Piccante**

Roast chicken, mozzarella, cherry bell pepper, baby spinach, rocket, lemon & garlic mayonnaise & spicy pomodoro sauce

red onion, baby spinach & rocket **Pollo Caesar** Roast chicken, mozzarella, gem & frisée lettuce,

Barbabietola Capra 💟

Granello cheese shavings & Caesar dressing

#### Calzone Pranzo

Perfectly portioned for lunch & served with pomodoro sauce & a side salad

#### Legume 💟

#### Roasted pepper & red onion, mozzarella, goat's cheese, baby spinach & black olives

Diavola Italian pepperoni, 'Nduja fiery sausage, chicken, mozzarella, roasted onion, cherry bell pepper & green chilli

Sliced chicken breast, garlic butter, fresh spinach, Granello cheese & mozzarella

**Pollo Spinaci** 

Crostini Salami 🥙

with olive oil

**Cotto Formaggi** 

& garlic mayonnaise

Baked 'cotto' ham, mozzarella,

baby spinach & rocket, with lemon

Salami, chopped tomatoes, red onion &

fresh basil on toasted ciabatta & drizzled

### Pasta Perfetta

Quattro Formaggi Al Forno 💟

& oven baked

Giant pasta shells in a four cheese

sauce, with a crispy crumb topping

Half sized portions of Mamma's favourite pastas, served with a side salad

#### Polpette

Casarecci pasta tubes tossed with meatballs, chilli tomato sauce, creamy mascarpone & garlic mushrooms

#### Verde 💟 💙

Avocado, green beans, peas, cucumber, mixed leaves & spring onion with salsa verde & toasted pumpkin seeds

Riccioli Spoletina 💟 🥙 Curly spaghetti in a spicy garlic & tomato sauce

#### Insalata Grande

#### Pollo Pancetta 💙 🧭

Roasted chicken breast, crispy pancetta, crunchy garlic croutons, spring onion & spinach leaves in a Caesar dressing

## -----For 1.50 Extra ------

### **Burgers** Italiano

A freshly grilled burger in a toasted ciabatta bun, served with chunky chips

Petto di Pollo Chargrilled chicken breast, baby gem leaves, tomato,

red onion & mayonnaise

**Burger Americano** Chargrilled Aberdeen Angus beef burger, baby gem leaves, tomato, red onion & mayonnaise

### **Create Your Own Pizza**

#### Margherita with your choice of 2 toppings @:

Luganica sausage, spicy pepperoni, Speck ham, Spianata salami, cotto ham, pancetta, chicken, ricotta, mushroom, artichokes, Tenderstem® broccoli, roast fennel, red onion, roast pepper, chilli, olives, rocket, spinach or spring onion

Our lunch menu is not valid in conjunction with any other offer, promotion, voucher or coupon

Aperol Spritz 6.45 Classic bittersweet Italian aperitif with Glass of House Da Luca Prosecco 5.95 Lively & soft with peach & pear

Da Luca Prosecco, Aperol & soda water

New Mixed Italian Olives 🗹 🖉 2.95 Nocellara, Cerignola & Leccino olives selected from some of Italy's best olive groves. Ours are marinated with parsley & garlic

Mozzarella 🔟 🥙 6.45 Mozzarella & garlic parsley butter

& garlic butter

New A Taste of Italy Antipasti 11.95 Northern Italian Mortadella & Speck hams, Southern Italian Spianata salami & Capocollo ham, pecorino cheese, baby bocconcini mozzarella, Italian olives, marinated courgette, fennel, radishes, sliced orange, rocket leaves, ciabatta bread, grissini bread sticks, peperonata salsa & olive tapenade

Zuppa del Giorno 💟 🖤 🥙 4.25 Soup of the day, served with ciabatta

Bruschetta 💟 🖤 🥙 4.95 Marzanini & plum tomatoes, rocket, red onion, garlic, basil & olive oil on toasted ciabatta

Pizza Spirale 🗹 4.95 Twisted pizza dough filled with melted mozzarella, oven-baked & served with fiery arrabbiata dip

Funghi Arrosto 💟 5.75

Baked mushrooms in a creamy mascarpone, garlic & spinach sauce, topped with mozzarella & served with ciabatta

Balls of risotto, red pepper & melting mozzarella, coated in breadcrumbs & served with rocket leaves & pomodoro dip

☑ Suitable for vegetarians ♥ Dishes under 300 calories ♥ Dishes under 600 calories Made without gluten Made without gluten on request, please ask your server for recipe alternatives

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# To Begin

# ······Aperitivo ······

Amalfi Kiss 6.95 Refreshing mix of Dolce Cilento Limoncello & Daluca Prosecco

# .....Nibbles.....

Mini Ciabatta Bites 💟 3.95 or 5.95 for a sharing portion: Mini ciabattas baked in hot garlic butter Pane Bella 💟 4.95 Selection of breads with balsamic vinegar & olive oil or warm mascarpone & spinach dip

## -----Pizza Breads------

#### Perfect for sharing

Caramelised Onion 🗹 🥙 6.95 Caramelised onion chutney, mozzarella Chilli 🗹 🥙 6.25 Green chilli, garlic, chilli butter & cherry tomato sauce

## Sharing Board =

We buy our cured meat & salami from two family-run, Italian businesses; the Fontanas in Northern Italty & the Rotas in Southern Italy

# ----- Antipasti------

#### Polpette 5.95

Pork & beef meatballs in a rich tomato sauce. topped with mozzarella & served with ciabatta

#### Gamberi 🖉 6.95 King prawns baked in garlic & chilli butter & served with ciabatta

Calamari 6.45 Tender squid in a light batter with garlic & lemon mayonnaise

#### New Arancini Peperonata 💟 6.25

#### Chicken Wings Italiano @ 6.45

Lemon, garlic & chilli marinated chicken wings, served with gem lettuce & garlic & lemon mayonnaise

#### **Tempura Prawns 6.75** King prawns in a light batter, served with garlic & lemon mayonnaise

Insalata Caprese 🗹 🖤 🥙 4.95 Buffalo bocconcini mozzarella, Marzanini tomatoes, rocket & fresh basil, with extra virgin olive oil

### Insalata Rosso 💟 🖤 🥙 3.95

Marzanini & plum tomatoes, black olives & onion, with lemon dressing

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# Pizza

Our pizza sauce is made using Italian tomatoes from local cooperative farmers. What's more, our Classico, Roma & Calzone pizzas are hand stretched & made with a touch of sourdough

### -----Classico------

#### Create your own pizza 9.95 Margherita with your choice of 2 toppings 🖉 :

Luganica sausage, spicy pepperoni, Speck ham, Spianata salami, cotto ham, pancetta, chicken, ricotta, mushroom, artichokes, Tenderstem<sup>®</sup> broccoli, roast fennel, red onion, roast pepper, chilli, olives, rocket, spinach or spring onion

#### Additional toppings 1.25 each

Add a Ripiena Crust for £2.75 🗹 Filled with real, melting mozzarella & garlic butter

Margherita 🗹 🥙 7.95 Tomato, mozzarella & basil

Cotto @ 8.95 Smoked ham, garlic mushrooms & mozzarella

Carne Mista 🖉 11.25 Spianata & Capocollo salamis, pancetta & Italian pepperoni

Pollo & Pancetta Barbecue 11.95 Chicken & pancetta in barbecue sauce. topped with mozzarella

Quattro Stagioni Legumi 🕅 8.95 Garlic mushrooms, roast red & yellow pepper, courgette &

*New* Upgrade to a Roma Base for £1.50 🗹 Stretched further for a thinner, crispier base

artichoke, with basil pesto

Pollo Piccante @ 10.25

tomato sauce base

Spicy chicken, roast pepper,

onion & green chilli on a fiery

Pepperoni Piccante 🥙 9.25

Italian pepperoni & green chilli

## = Neu Pizza Roma =

Inspired by traditional Roman pizza, ours are hand stretched further for thinner, crispier bases

Queen Margherita 💟 10.25 Buffalo bocconcini mozzarella, Marzanini tomatoes, pesto & basil

Luganica Rosmarino 12.75 Luganica sausage, Spianata salami, roast red onions & mozzarella, with pecorino cheese & rosemary

Chicken, goat's cheese, roast fennel, red onion & mozzarella with thyme on a béchamel sauce base

Pollo Timo 11.95

#### Marco Polo 12.45 Duck, spring onions & mozzarella on a sweet, aromatic plum sauce base

#### Salmone Tarragon 12.95 Smoked salmon, king prawns, Tenderstem® broccoli & mozzarella on a béchamel sauce base with tarragon & a hint of chilli & lemon

Primavera 💟 10.95 Grilled courgette, peas, spring onion, ricotta, mozzarella & torn mint on a béchamel sauce base

Chicken, garlic butter, spinach, Granello

### ······Calzone -·····

Our famous folded pizzas are served piping hot with pomodoro sauce

#### Legume 🗹 10.95

Roast pepper & red onion, mozzarella, goat's cheese, spinach & black olives

Diavola 12.25

Italian pepperoni, 'Nduja fiery sausage, chicken, mozzarella, roasted onion, cherry bell pepper & green chilli

### ----- Pizza Vita -----

Under 600 calories, our crispy wholewheat pizza Vita bases are topped with tomato sauce & mixed salad leaves

#### Olive 💟 ♥ 9.25

Olives, buffalo bocconcini mozzarella, basil & Marzanini tomatoes

#### Speck **♥** 9.95 Speck ham, garlic mushrooms & Granello cheese

Pollo ¥ 9.95 Chicken, roast pepper & Granello cheese

Filetto di Spigola ¥ 13.45

tomatoes & salsa verde

Sea bass fillet with roast potatoes, red

onion, green beans, black olives, plum

Creamy risotto of king prawns, spring

onions & peas with a touch of lemon,

garlic & chilli, served with rocket leaves

Gamberoni Risotto 🎔 🖉 12.95

Pollo e Spinaci 11.45

cheese & mozzarella

# **Italian Classics**

#### New Pollo Funghi 11.95

Grilled chicken breast in a mushroom & mascarpone sauce, with roast potatoes & green beans

Pollo Cacciatore @ 12.25 Grilled chicken breast in a pancetta, red wine, mushroom, & onion sauce, served with roast potatoes & green beans

#### Agnello Rosmarino 14.45 Lamb shank slow-cooked in a red wine,

garlic & rosemary sauce, served with mashed potato & green beans Spezzatino di Manzo 13.95

#### Slow-cooked beef stew with red wine, herbs & red pepper, served with gnocchi dumplings & toasted ciabatta

## Sides

Marzanini Vine Tomatoes 🖉 / Roast Mediterranean Veg 🖉 / Corn on the Cob 🖉 / Chunky Chips / Basil Mash 🖉 3.25 Tenderstem<sup>®</sup> Broccoli in Chilli Butter @ / Mixed Salad @ / Rocket & Shaved Granello Cheese @ / Onion Rings with Barbecue Sauce 3.95

#### We buy our dried pasta from Italy's oldest pasta maker, the Agnesi family

#### Pomodoro 🧡 💟 🥙 7.95

Rustici pasta in a rich tomato sauce with Marzanini tomatoes

Bolognese 🖉 9.75 Spaghetti with a traditional beef ragu

#### Polpette 10.45 Spaghetti with beef & pork meatballs in a red wine & tomato sauce with a hint of chilli

#### Marco Polo 11.45

Casarecci pasta tubes with sautéed duck, spring onion & mushrooms in a sweet aromatic plum sauce

Swap any of our pastas for wholewheat pasta

#### New Swap any Pasta for Spiralised Vegetable 'Spaghetti' Made with courgettes, carrots and golden beetroot. Try it with: **Pomodoro** 🗹 🖤, **Gamberoni** 🖤, **Agnello** 🖤, **Bolognese** 🖤

# ······Al Forno & Filled Pasta ······

Beef & Red Wine Ravioli ♥ 12.45 Pasta parcels filled with beef & red wine in a beef ragù sauce

Pollo Formaggi 10.45 Giant shell pasta with chicken & pancetta in a four cheese sauce, with a crispy crumb topping & oven baked

#### Ribs Italiano 16.95

Pollo Caesar 🥙 10.25

in a balsamic dressing

Rack of pork ribs in a balsamic barbecue sauce with Granello cheese shavings & parsley, served with chunky chips, onion rings & garlic butter corn on the cob

#### Butterflied Chicken Breast 💙 🥙 12.95

Served with mushrooms, rocket & a choice of roast potatoes, chunky chips, mash or salad under 600 calories with salad)

Chargrilled chicken breast, poached

Granello & pecorino cheese shavings,

Barbabietola Rossa 💟 🖉 9.95

egg, pancetta, gem & frisée lettuce with

Caesar dressing & garlic ciabatta croutons

Roast butternut squash, beetroot, ricotta

Available with:

Salmon 11.95

& lentils with semi-dried Pachino tomatoes, Pollo ♥ 9.95 artichoke, olives, red onion & frisée lettuce

*New* Insalata Verde **Ⅳ** ♥ 8.95 Avocado, green beans, peas, cucumber, mixed leaves & spring onion with salsa verde & pumpkin seeds.

# Pasta

#### New Carbonara @ 9.95

Tagliatelle in a tasty carbonara sauce with crispy pancetta, leeks & pecorino cheese

#### Agnello 🎔 🥙 10.75

Rustici pasta with slow-cooked lamb & red wine ragù & Granello cheese

#### Pollo Limone Siciliana 10.25

Casarecci pasta with chicken, courgette & spinach in a mascarpone, tarragon & lemon sauce

#### Pollo Pesto Gnocchi 10.95

Soft potato dumplings & chicken with red pepper, Pachino tomato, red onion, pesto, basil & Granello cheese

#### New Salmone Limone 11.45

Curly spaghetti with smoked salmon & Tenderstem<sup>®</sup> broccoli in a mascarpone. tarragon & lemon sauce

#### Gamberoni 💙 🎯 11.25

Spaghetti with king prawns in a spicy chilli, garlic & tomato sauce

#### Capra 💟 🥙 8.95

Curly spaghetti with roast peppers & onions in a pomodoro & basil sauce with goat's cheese & rocket

We're proud to donate 25p to Dreams Come True for every Pasta Capra we sell. Dreams Come True is a national UK charity that works hard to fulfil dreams for children and young people with serious and life-limiting conditions between the ages of 2 and 21 years old

#### = New Lasagne 9.95 —

We're very proud of our lasagne, which is freshly made in house every day. Layers of egg lasagne, fine minced beef ragù, béchamel sauce, mozzarella & granello cheese

#### Cannelloni Ricotta ♥ 💟 9.25

Cannelloni filled with spinach & ricotta, baked with a tomato & béchamel sauce

# Grills

#### 28 Day Aged Steaks

#### *New* 10oz\* Ribeye **V** @ 18.95

#### 8oz\* Sirloin ♥ @ 17.95

All of the above are served with mushrooms, rocket & a choice of roast potatoes, chunky chips, mash or salad (under 600 calories with salad)

### Sauces 1.25: Peppercorn, mushroom or marsala wine

#### Garlic Butter 50p

# Insalata

## Amore Formaggi 💟 11.95

Heart-shaped pasta parcels filled with four cheeses, in a pesto sauce with semi-dried Pachino tomatoes

#### Panzerotti Funghi 🗹 11.25

Sunflower-shaped pasta parcels filled with mushroom in a creamy mushroom & spinach sauce, with rocket & Granello cheese

#### Burger Americano 10.95

Chargrilled Aberdeen Angus beef burger, gem leaves, tomato, onion & mayonnaise in a ciabatta roll, served with chunky chips

### Petto di Pollo Burger 11.45

Chargrilled chicken breast, gem leaves, tomato, onion & mayonnaise in a ciabatta roll, served with chunky chips

#### Portobello Mushroom Burger 💟 9.25

Mushroom, goat's cheese, roast peppers & onion, gem leaves, tomato & mayonnaise in a ciabatta roll, served with chunky chips

#### Pollo Arcobaleno ♥ @ 10.95

Chargrilled chicken breast on a warm bed of spiralized courgette, golden beetroot & carrot with green beans, red onion & a drizzle of lemon dressing

#### Pollo Arancia 🎔 🕙 11.75

Chargrilled chicken breast, sliced orange, fennel, radishes, spring onion & frisée lettuce in lemon dressing