

## Appetisers

Papadum (plain) <b>V</b> .....	£0.50
Papadum (spicy) <b>V</b> .....	£0.60
Chutney (per person) <b>V</b> .....	£0.50

## VEGETARIAN

Vegetable Samosa <b>V</b> .....	£4.95
<i>(Crisp triangular pastry stuffed with herbs and spicy vegetables)</i>	
Aloo Poori <b>V</b> (Deep fried potato rounds coated and spices).....	£4.95
Kabli Bhajee <b>V</b> .....	£4.95
<i>(An authentic bazaar dish of chickpeas, pan fried with onions and kashmiri massala)</i>	
Onion Bhajee (onion crisp jitters) <b>V</b> .....	£4.95
Vegetable Pakura <b>V</b> (Original vegetables coated in massala).....	£4.95
Lentil or Mulligatawny Soup <b>V</b> .....	£4.95
Aloo Chat (Potatoes with hot & sour sauce) <b>V</b> .....	£4.95

## NON-VEGETARIAN

Chicken Samosa.....	£4.95
Meat Samosa.....	£4.95
Pimento Chicken .....	£4.95
<i>(Long green pepper stuffed with finely chopped chicken and fresh coriander)</i>	
Chicken Chat. (Fillets of chicken with hot & sour sauce) .....	£4.95
Shami Kebab (Ground Meat patties delicately spiced) .....	£4.95
Fish Kebab .....	£4.95
Prawn Puri .....	£4.95
<i>(Spicy &amp; succulent prawns on Indian fried bread)</i>	
Prawn Cocktail.....	£4.95
King Prawn Puri .....	£5.95
<i>(Spicy &amp; succulent king prawns on Indian fried bread)</i>	
King Prawn Butterfly .....	£5.95
<i>(Succulent king prawn dipped in special batter and deep fried)</i>	
Balti Surat Chicken .....	£4.95
<i>(Breast of chicken in special batter and roasted spices)</i>	

## TANDOORI STARTER

Chicken Kebab .....	£4.95
Tandoori Chicken.....	£4.95
<i>(1/4 with tandoori spices, cooked in clay oven)</i>	
Chicken Tikka or Lamb Tikka .....	£4.95
<i>(Off the bone marinated spices of chicken cooked as above)</i>	
Sheek Kebab (Spicy minced meat cooked in day oven) .....	£4.95
Special Nan Kebab .....	£5.95
<i>(Fluffy Indian bread stuffed with highly spiced mince meat cooked in clay oven)</i>	
Mix Tandoori (Cubes of chicken, Lamb and sheek kebab).....	£5.95

## Tandoori Dishes

Meat or chicken marinated in a blend of freshly ground spices, herbs and home made yoghurt barbecued in a clay oven, served sizzling with crisp green salad.

Tandoori Chicken (Half) .....	£10.95
Tandoori Chicken (Full).....	£14.95
Chicken Tikka or Lamb Tikka .....	£11.95
Chicken or Lamb Shaslick .....	£16.95
<i>(Skewered with capsicum, tomato and onion)</i>	
Mixed Tandoori (With Tarka dal or Veg curry).....	£16.95
Tandoori Lamb Chops .....	£15.95
Tandoori King Prawn .....	£17.95
<i>(Succulent king prawn marinated in ginger garlic &amp; fresh herbs, cooked in a clay oven)</i>	
Tandoori King Prawn Shaslick.....	£17.95
Grilled or Tandoori Roop Chandha.....	£14.95

## Poultry

Chicken Curry (Medium) .....	£9.95
Chicken Madras or Vindaloo (Hot & very hot).....	£10.95
Chicken Korma (Mild with coconut powder).....	£10.95
Chicken Bhoona .....	£10.95
Chicken Dopiazza (Medium with cube cut onions).....	£10.95
Korahi Chicken (Medium with dryish).....	£10.95
<i>(Fillets of tender breast chicken in slightly spiced sauce)</i>	
Musallum Chicken .....	£10.95
<i>(Slightly hot cooked with special Kashmiri massala)</i>	
Chicken Jalferezi .....	£10.95
<i>(Tender chicken cooked with fresh coriander and green chilli to a Bengal recipe)</i>	
Chicken Rogon (Medium with fried tomatoes).....	£10.95
Garlic Chicken .....	£10.95
<i>(An aromatic dish with garlic, medium strength)</i>	
Chicken Saag (Chicken with spinach, medium strength) .....	£10.95
Chicken Dhansak (Chicken in hot, sweet sower lentil sauce).....	£10.95
Chicken Kalia.....	£10.95
<i>(A Bengal dish using spicy chicken &amp; chunk of curried potatoes with medium sauce)</i>	

## Meat Curry Dishes

Meat Curry (Medium) .....	£11.95
Meat Madras or Vindaloo (Fairly hot & very hot).....	£11.95
Meat Korma (Very mild with coconut powder).....	£11.95
Meat Bhoona (Dryish and medium) .....	£11.95
Musallam Meat .....	£11.95
<i>(Slightly hot with special Kashmiri massala)</i>	
Meat Kalia .....	£11.95
<i>(A Bengal dish using juicy Meat and chunks of curried potatoes in a medium sauce)</i>	
Rogon Gosth (Tender Meat with fried tomatoes) .....	£11.95
Sag Gosth (Meat with spinach).....	£11.95
Meat Jalferezi .....	£11.95
<i>(Tender Meat cooked with fresh corianders and green chilli to a Bengal recipe)</i>	
Meat Dhansak (Meat in a hot, sweet & sour lentil sauce) .....	£11.95
Meat Korahi (Tender diced cubes of Meat) .....	£11.95
Meat Dopiazza (Medium) .....	£11.95

## Vegetarian Dishes

Vegetable Bhoona <b>V</b> / Korma.....	£8.95
Vegetable Mardras / Dhansak or Jalfrazi <b>V</b> .....	£8.95
Vegetable Korahi (Spicy vegetable dish) <b>V</b> .....	£8.95
Achari Vegetable (Cooked with pickle) <b>V</b> .....	£9.95
Massala Dosa (100% vegetables) <b>V</b> .....	£10.95
<i>(South Indian Vegetable dish)</i>	

## Chef's Speciality

Murogh Masala .....	£14.95
<i>(Chicken tikka with mince meat, and boiled egg, medium spiced)</i>	
Chicken or Meat Shatkora .....	£14.95
<i>(Medium spiced, aromatic Bengali dish)</i>	
Chicken Tikka Nagga (With hot spicy sauce) .....	£12.95
Chicken Hussainy .....	£14.95
<i>(Chicken fillet with fresh coriander chilli, onion and can be ordered with aubergine and served with Vegetable Curry or Dal)</i>	
Fish Hussainy .....	£14.95
<i>(Fish fillet with fresh coriander chilli, onion and can be ordered with aubergine and served with Vegetable Curry or Dal)</i>	
Coriander Chicken Grill.....	£16.95
<i>(Coriander, Chilli, Garlic and Ginger paste marinated in a freshly blend and served with Tarka Dal)</i>	
Lamb Shank.....	£17.95
<i>(Cooked using chef's choice recipe, a combination of special selected spices &amp; herbs)</i>	
King Prawn Coriander Chilli Grill.....	£17.95
<i>(Coriander, Chilli, Garlic and Ginger paste marinated in a freshly blend and served with Tarka Dal)</i>	

## Balti Specialities

Cooked in an iron wok with a unique blend of herbs and spices, onions, green pepper and tomatoes, producing a lovely tangy but spicy flavour

Balti Chicken .....	£11.95
Balti Garlic Chilli Chicken.....	£12.95
Baltr Chicken Tikka.....	£11.95
Balti Chicken Bhoona/ Dopiazza/ Korma .....	£11.95
Balti Chicken Rogonjosh .....	£11.95
Balti Chicken Jalferezi /Madras/ Vindaloo. ....	£11.95
Bahti Chicken Dhansak.....	£11.95
Balti Chicken Pathia.....	£11.95
Balti Saag Chicken.....	£11.95
Balti Chicken Tikka Massala .....	£12.95
Balti Karahi Chicken .....	£11.95
Balti Meat.....	£12.95
Balti Garlic Chilli Meat.....	£13.95
Balti Meat Tikka.....	£12.95
Balti Meat Bhoona/ Dopiazza/ Korma .....	£12.95
Balti Meat Rogonjosh .....	£12.95
Balti Meat DhansaK.....	£12.95
Balti Meat Pathia.....	£12.95
Balti Saag Meat.....	£12.95
Balti Meat Tikka Massala .....	£13.95
Balti Meat Jalferezi/ Madras/ Vindaioo .....	£12.95
Balti Karahi Meat.....	£12.95
Balti Vegetable Massala .....	£10.95
Balti Vegetable <b>V</b> .....	£10.95
Balti Indian Vegetable Jal <b>V</b> .....	£10.95

## Preem Specialities

Lemon Chana Chicken or Meat.....	£12.95
<i>(An aromatic dish using freshly chopped lemon fragrant herbs &amp; chick peas)</i>	
Chicken, Meat or Prawn Shobzi .....	£12.95
<i>(With green herbs, five spices, mint and mixed vegetables)</i>	
Chicken or Meat Tikka Massala.....	£12.95
<i>(Barbecued cubes of chicken or meat, cooked with ground almond in a creamy sauce)</i>	
Chicken or Lamb Pasanda.....	£12.95
<i>(Tender fillets of tikka, curried in a rich but mild creamy sauce)</i>	
Chicken Khaiber .....	£13.95
<i>(This unique dish of half spring chicken cooked in a clay oven, then sauces in peeled tomato, fresh garlic &amp; medium spice)</i>	
Chicken or Meat Hunza .....	£13.95
<i>(This highly flavoured dish with slight hint of fresh Orange zest, medium spiced)</i>	
Butter Chicken .....	£12.95
<i>(Tandoori chicken off the bone cooked in a butter sauce worn fresh cream &amp; sauce)</i>	
Achari Chicken or Meat.....	£12.95
Achari King Prawn.....	£17.95
King Prawn Tapa.....	£17.95
<i>(Chopped king prawns cooked with special sweet &amp; sour medium sauce)</i>	
Tandoori King Prawn Massala.....	£17.95
<i>(King prawn marinated in fresh ginger herbs, cooked in a clay oven curried in creamy sauce)</i>	

Spice Guide: **V** vegan - We do not use any GM crop and we use only Rapeseed oil.

If you want Naga £1 extra (Bangladeshi hot and spicy naga chilli)

## House Specialities

Meat or Chicken.....	£12.95
<i>(With jhinga or aubergine or bhindi or uribicee)</i>	
Chicken Kofta.....	£12.95
If you want Naga.....	£1 extra
<i>(Bangladeshi hot and spicy naga chilli)</i>	

## Biryani Dishes

Chicken or Meat Biryani .....	£13.95
Prawn Biryani.....	£13.95
King Prawn Biryani .....	£17.95
Chicken or Meat Tikka Biryani.....	£14.95
Vegetable Biryani <b>V</b> .....	£11.95
Preem Special Biryani .....	£15.95
<i>(Chicken, Lamb, Prawn, Vegetable)</i>	

## Vegetable Side Dishes

Mixed Vegetable Curry <b>V</b> .....	£4.95
Mixed Dry Vegetable <b>V</b> .....	£4.95
Saag Bhajee (Spinach) <b>V</b> .....	£4.95
Bombay Aloo (Hot & spicy potato) <b>V</b> .....	£4.95
Cauliflower / Mushroom Bhajee <b>V</b> .....	£4.95
Brinjal Bhajee (Aubergine) <b>V</b> .....	£4.95
Bhendi Bhajee (Okra) <b>V</b> .....	£4.95
Chana Masalla (Chick peas cooked in spices) <b>V</b> .....	£4.95
Aloo Gobi (Potato & cauliflower) <b>V</b> .....	£4.95
Dall (Plain, tarka or Masalla) <b>V</b> .....	£4.95
Saag Aloo (Potato & spinach) <b>V</b> .....	£4.95
Dall Samba (Slightly spiced) <b>V</b> .....	£4.95
<i>(mixed vegetables with red lentils)</i>	
Saag Ponir (Spinach with home made cheese).....	£5.95
Motor Ponir .....	£5.95
<i>(Peas with home made cheese)</i>	
Ponir Korma .....	£5.95
<i>(Home made cheese with korma sauce)</i>	

## Rice & Breads

Coconut Rice <b>V</b> .....	£4.00
Lemon Rice <b>V</b> .....	£4.00
Special Pulao Rice (with egg & peas).....	£4.00
Pulao Rice .....	£3.40
Plain Boiled Rice <b>V</b> .....	£3.00
Mushroom / Keema Rice .....	£4.45
Nan .....	£2.45
Keema Nan (Nan with minced meat).....	£4.45
Peshwari Nan (With almond & cream).....	£4.00
Garlic Nan.....	£3.45
<i>(Nan with chopped fresh garlic)</i>	
Chilli Nan (Nan with chopped fresh chillies).....	£3.45
Cheese Nan .....	£4.45
Tandoori Roti <b>V</b> .....	£2.45
<i>(Indian bread cooked in a clay oven)</i>	
Paratha / Stuffed Paratha <b>V</b> .....	£4.00
Chapati/Chips <b>V</b> .....	£2.45
Onion or Cucumber Raitha .....	£2.75



# Fish Menu

## Fish Starter

Fish Kebab.....	£5.95
Prawn Puri .....	£5.95
<i>(Spicy &amp; succulent prawns on Indian fried bread)</i>	
Prawn Cocktail.....	£5.95
King Prawn Puri .....	£6.95
<i>(Spicy &amp; succulent king prawns on Indian fried bread)</i>	
King Prawn Butterfly .....	£6.95
<i>(Succulent king prawn dipped in special batter and deep fried)</i>	

## Fish Main Dishes

Tandoori King Prawn .....	£16.95
<i>Succulent king prawn marinated in ginger garlic &amp; fresh herbs, cooked in a clay oven</i>	
Tandoori Salmon with grilled onion .....	£13.00
Steak Salmon with grilled onion .....	£13.00
Salmon with aubergine .....	£15.00
Salmon with mix vegetable .....	£15.00
Tandoori King Prawn Shaslick.....	£15.95
Grilled or Tandoori Roop Chandha.....	£13.95
Balti King Prawn Massala.....	£15.95
Balti King Prawn Jalferezi.....	£15.95
Balti King Prawn.....	£15.95
Balti Garlic Chilli Prawn .....	£10.95
Balti Prawn Massala.....	£10.95
Balti Prawn Jalferezi .....	£10.95
Balti Karahi Prawn .....	£10.95
Fish Hussainy . .....	£13.95
<i>(Fish fillet with fresh coriander chilli, onion and can be ordered with aubergine and served with Vegetable Curry or Dal)</i>	
King Prawn Shatkora .....	£16.95
<i>(Medium spiced, aromatic Bengali dish)</i>	
King Prawn Coriander Chilli Grill.....	£16.95
<i>Coriander, Chilli, Garlic and Ginger paste marinated in a freshly blend and served with Tarka Dal</i>	
Achari Prawn.....	£11.95
Achari King Prawn.....	£16.95
King Prawn Tapa .....	£16.95
<i>(Chopped king prawns cooked with special sweet &amp; sour medium sauce)</i>	
Tandoori King Prawn Massala.....	£16.95
<i>King prawn marinated in fresh ginger herbs, cooked in a clay oven curried in creamy sauce</i>	
Fish Biraan .....	£10.95
<i>Fried fish in special dry sauce with herbs &amp; spices</i>	
Fish Kofta.....	£10.95
Fish Bhoona.....	£10.95
Fish Dopiazza .....	£10.95
Fish Dhansak .....	£10.95
Fish Jalferezi .....	£10.95
Fish Jhinga .....	£10.95
<i>Bangladeshi vegetable</i>	
Fish Aubergine.....	£10.95
Fish Bhindi .....	£10.95
Fish Uri bicee .....	£10.95
<i>Bangladeshi green Lentils</i>	
Fish Tikka.....	£10.95
Prawn Curry.....	£10.95
<i>(Medium)</i>	
Prawn Madras or Vindaloo.....	£10.95
<i>(Hot &amp; very hot)</i>	

Prawn Bhoona.....	£10.95
<i>(Medium and dryish)</i>	
Prawn Korma.....	£10.95
<i>(Mild)</i>	
Prawn Musallam.....	£10.95
<i>(Slightly hot with Kashmiri massala)</i>	
Prawn Sag (Prawn with spinach).....	£10.95
Prawn Dhansak.....	£10.95
<i>(Hot, sweet &amp; sour with thick lentil sauce)</i>	
Prawn Jalferezi.....	£10.95
<i>(Prawns cooked with fresh coriander &amp; green chilli to a Bengal recipe)</i>	
King Prawn Curry .....	£14.95
<i>(Medium)</i>	
King Prawn Madras or Vindaloo .....	£14.95
<i>(Hot, very hot)</i>	
King Prawn Korma.....	£14.95
<i>(Mild)</i>	
King Prawn Bhoona.....	£14.95
<i>(Medium)</i>	
Musallam King Prawn .....	£14.95
King Prawn Rogon.....	£14.95
King Prawn Saag.....	£14.95
King Prawn Dhansak .....	£14.95
King Prawn Jalferezi .....	£14.95
<i>(Cooked with fresh coriander &amp; green chilli to a Bengal recipe with chitol fish)</i>	
Prawn Biryani.....	£12.95
King Prawn Biryani .....	£16.95

## PREEM SET MEAL SPECIAL

Papadum, Chicken Tikka, Onion Bhajee, Chicken Tikka Masalla, Meat Bhoona, Sag Aloo, Pulao Rice & Garlic Nan.

MEAL FOR TWO .....	£35.00
MEAL FOR FOUR.....	£70.00

## PREEM VEGETARIAN SET MEAL SPECIAL

Papadum, Kabli Bhajee, Vegetable Pakura, Balti Vegetable Masalla, Vegetable Jalferezi, Sag Ponir, Pulao Rice & Nan.

MEAL FOR TWO .....	£35.00
MEAL FOR FOUR .....	£60.00

## PREEM SPECIAL FISH SET MEAL

Papadum, Onion Bhajee, Fish Jalferezi, Fish Bhuna / Steak Salmon with grilled onion / Tandoori Salmon with grilled onion / Any Vegetable Side Dish, Pulao Rice & Garlic Nan

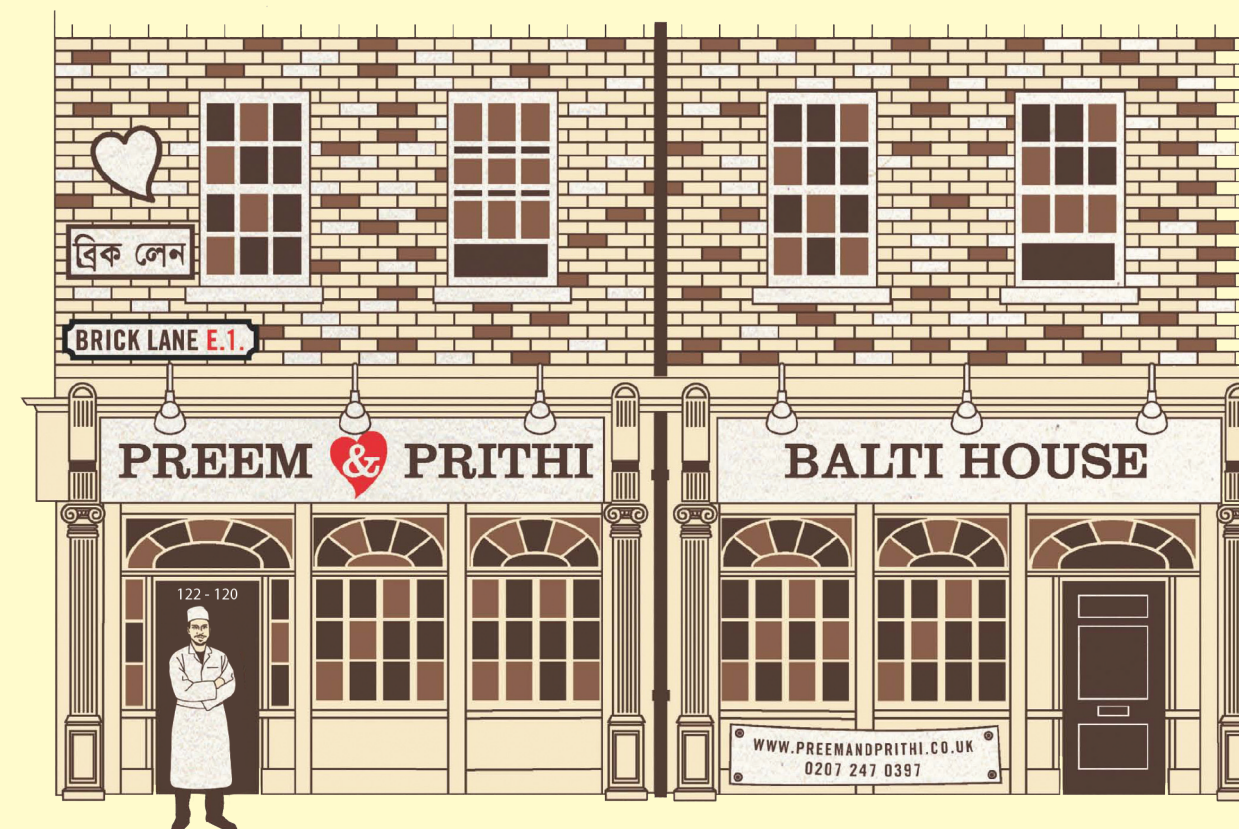
MEAL FOR TWO .....	£35.00
<i>(Starter with two main dish)</i>	
MEAL FOR FOUR.....	£70.00
<i>(Starter with four main dish)</i>	

# PREEM & PRITHI

RESTAURANT & BALTI HOUSE

122-120 Brick Lane, London E1 6RL

www.preembricklane.com



Open seven days a week 12pm-2am

To order by phone, please call 0207 247 0397 or 0207 377 5252