

Main Menu

Starters

Marinated Olives (v) In aromatic herbs with lemon, orange & garlic	£ 3.45
Rustic Bread Selection (for two) Freshly baked & served with chimichurri butter	£ 3.95
Empanadas Argentina's traditional filled savoury made to our recipe	£ 6.50
We serve two per portion from the following: Beef; Ham & Cheese; Creamy Spinach (v); Humita (v)	
Chorizo Sausage Criollo Grilled sausage served with salsa criolla & salad leaves	£ 4.95
Chorizo al Malbec Spanish red chorizo cooked in Malbec wine with caramelised onions & crostini toast	£ 6.50
Morcilla Black pudding served with salsa criolla & salad leaves	£ 4.95
Provoleta Argentina (v) Typical Argentine starter of melted provolone cheese served with tomato & oregano	£ 5.95
Patatas Bravas (v) Crispy potatoes with a spicy tomato & garlic sauce	£ 4.25
Aubergine Escalope with Goat's Cheese (v) With slow cooked tomato & melted goat's cheese	£ 5.95
Calamari Fritti Crispy squid served with lemon & garlic mayonnaise	£ 6.95
Gambas King prawns pan fried with white wine, lemon & garlic	£ 7.95

Burgers

All our burgers are made with prime aged beef to our Argentine recipe, grilled medium or medium-well & served with steakhouse fries or a mixed green salad

Primavera Red onions, tomato & mayonnaise	£ 9.95
Mozzarella Cheese Melted mozzarella cheese, red onions, tomato & mayonnaise	£10.50
Buenos Aires Burger Crispy bacon, fried egg, mozzarella cheese & red onions	£12.50

Salads

Steakhouse mixed leaf salad (v) Mixed green & red leaves, tomatoes, cucumber & red onions	£ 4.50
Blue Cheese, Red Onion & Tomato Salad (v)	£ 5.25
Roasted Pepper & Goat's Cheese Salad (v) Red & green roasted peppers, mixed leaves, sun dried tomatoes, goat's cheese & portobello mushrooms served with crostini	£ 8.95
Buenos Aires Chicken 'The Pampas Salad' Chicken breast, avocado, tomatoes, crispy bacon, mixed leaves & parmesan shavings	£ 9.95
Tenderstem Broccoli, Courgette & Cannelloni Bean Salad (vg) With pea shoots, omega seeds & dairy free pesto dressing	£ 9.95
Argentine Steak Salad 'The Gaucho' Medium-rare sliced Argentine steak, crisp salad leaves, tomatoes & mushrooms	£12.75

Side Orders

£ 1.95	£ 3.75
2 Fried Eggs	Sweet Potato Fries
£ 3.25	Creamed Spinach
Steakhouse Fries	Green Beans
Chunky Chips	Tenderstem Chilli Broccoli
Creamy Mashed Potato	£ 3.95
Grilled Potatoes with Chimichurri Butter	Sautéed Portobello Mushrooms with garlic
Grilled Tomatoes with Herbs	Marinated Red Peppers
	Humita in a corn husk

Please inform the duty manager in the event that you have any special dietary requirements or if you are sensitive or allergic to any of our ingredients. Allergen information is available in the restaurant.

Argentine Chargrilled Steaks

We aim to serve you the finest Argentine steak, cut to order & cooked exactly the way you want it. All our steaks are served with a choice of steakhouse fries, mashed potato or mixed green salad.

8oz (220gm) 9oz (250gm) 11oz (310gm)

 Cuadril Heart of Rump	£13.50	£15.75	£18.95
 Chorizo Sirloin	£16.75	£19.95	£23.50
 Ancho Rib-Eye	£17.25	£20.50	£23.95
 Lomo Fillet / Tenderloin	£24.95	£28.95	£34.50
Medallions of Lomo 6oz (170gm) fillet steak with cherry tomatoes			£19.95

Should you wish a larger steak than 310gram we price each additional 50 grams (2oz) as follows

Rump £ 3.50 / Sirloin £ 3.75 / Rib-Eye £ 3.95 / Fillet £ 5.25

Sauces all £ 1.95 each - Peppercorn / Mushroom
Blue Cheese / Malbec / Chimichurri

Main Courses & Chargrilled Specials

Chargrilled Spatchcock Half Chicken Corn fed chicken with lemon & herb marinade & fries provençal	£13.25
Lamb Chops with Rosemary Grilled Potatoes	£13.95
Argentine Spiral-Cut Rib-Eye 14oz (400 gram) with provençal sauce & grilled potatoes	£28.50
Churrasco de Lomo 12oz (340 gram) of Argentine fillet steak marinated for up to 48 hours in a churrasco sauce with steakhouse fries	£35.95
Tagliatelle al Funghi (v) With creamed field & portobello mushrooms with parsley	£11.50
Chicken Milanese Breaded chicken breast milanese with creamy mashed potato	£12.95
Roasted Belly of Pork Slowly roasted for 5 hours in a home-made BBQ sauce, served with sweet potato fries	£14.25
Steak Milanese Napolitana Invented in Buenos Aires the breaded beef is topped with a tomato & herb sauce & melted mozzarella cheese	£14.95
Pan-Fried Fillet of Stonebass Served simply with a pesto dressing & your choice of potatoes	£14.50
King Prawn Tagliatelle With cherry tomatoes, lemon, garlic & herbs	£15.95

Sharing Options (min 2 persons or more)

The Buenos Aires 'Steak' Sampler

The samplers are served with a choice of steakhouse fries, mashed potato or mixed green salad

6oz (170gm) of each of our four steak cuts Cuadril (Rump), Chorizo (Sirloin), Ancho (Rib-Eye) & Lomo (Fillet)	£23.95 per person
7oz (200gm) of each of our four steak cuts Cuadril (Rump), Chorizo (Sirloin), Ancho (Rib-Eye) & Lomo (Fillet)	£27.95 per person

Parrillada Argentina 'Grill on the Board'

Chorizo sausage, chicken skewers, morcilla, provoleta Argentina, vegetable skewers, marinated lamb chops, 6oz Rump steak & 6oz Sirloin steak

£23.95
per person

If you have any comments or suggestions please tell the manager or visit us at www.barestaurant.com - www.buenasado.com
A discretionary service charge of 10% is added to your bill. All prices include VAT at the current applicable rate.