

Main Menu

Starters

<b>Marinated Olives</b> (v) In aromatic herbs with lemon, orange & garlic	£ 3.45
<b>Rustic Bread Selection (for two)</b> Freshly baked & served with chimichurri butter	£ 3.95
<b>Empanadas</b> Argentina's traditional filled savoury made to our recipe We serve two per portion from the following:	£ 6.50
<b>Beef / Ham &amp; Cheese / Creamy Spinach</b> (v) / <b>Humita</b> (v)	
<b>Chorizo Sausage Criollo</b> Grilled sausage served with salsa criolla & salad leaves	£ 4.95
<b>Chorizo al Malbec</b> Spanish red chorizo cooked in Malbec wine with caramelised onions & crostini toast	£ 6.50
<b>Morcilla</b> Black pudding served with salsa criolla & salad leaves	£ 4.95
<b>Provoleta Argentina</b> (v) Typical Argentine starter of melted provolone cheese, tomato & oregano	£ 5.95
<b>Patatas Bravas</b> (v) Crispy potatoes with a spicy tomato & garlic sauce	£ 4.25
<b>Aubergine Escalope with Goat's Cheese</b> (v) With slow cooked tomato & melted goat's cheese	£ 5.95
<b>Calamari Fritti</b> Crispy squid served with lemon & garlic mayonnaise	£ 6.95
<b>Gambas</b> King prawns pan fried with white wine, lemon & garlic	£ 7.95

Burgers

All of our burgers are made to our Argentine recipe, grilled medium or medium-well & served with steakhouse fries or a mixed green salad

<b>Primavera</b> Red onions, tomato & mayonnaise	£ 9.95
<b>Mozzarella Cheese</b> Melted mozzarella cheese, red onions, tomato & mayonnaise	£10.50
<b>Buenos Aires Burger</b> Crispy bacon, fried egg, mozzarella cheese & red onions	£12.50

Salads

<b>Steakhouse mixed leaf salad</b> (v) Mixed green & red leaves, tomatoes, cucumber & red onions	£ 4.50
<b>Blue Cheese, Red Onion &amp; Tomato Salad</b> (v)	£ 5.25
<b>Roasted Pepper &amp; Goat's Cheese Salad</b> (v) Red & green roasted peppers, mixed leaves, sun dried tomatoes, goat's cheese & portobello mushrooms served with crostini	£ 8.95
<b>Buenos Aires Chicken 'The Pampas Salad'</b> Chicken breast, avocado, tomatoes, crispy bacon, mixed leaves & parmesan shavings	£ 9.95
<b>Argentine Steak Salad 'The Gaucho'</b> Medium-rare sliced Argentine steak, crisp salad leaves with tomatoes & mushrooms	£12.75

Side Orders

£ 1.95	£ 3.75
<b>2 Fried Eggs</b>	<b>Creamed Spinach</b>
£ 3.25	<b>Green Beans</b>
<b>Steakhouse Fries</b>	<b>Tenderstem Chilli Broccoli</b>
<b>Chunky Chips</b>	£ 3.95
<b>Creamy Mashed Potato</b>	<b>Sautéed Portobello</b>
<b>Grilled Potatoes</b> with Chimichurri Butter	<b>Mushrooms</b> with garlic
<b>Grilled Tomatoes</b> with Herbs	<b>Marinated Red Peppers</b>
<b>Sweet Potato Fries</b>	<b>Humita</b> in a corn husk

Please inform the duty manager in the event that you have any special dietary requirements or if you are sensitive or allergic to any of our ingredients. Allergen information is available in the restaurant.

Argentine Chargrilled Steaks

We aim to serve you the finest Argentine steak, cut to order & cooked exactly the way you want it. All our steaks are served with a choice of steakhouse fries, mashed potato or mixed green salad.

	8oz (220gm)	9oz (250gm)	11oz (310gm)
 <b>Cuadril</b> Heart of Rump	<b>£13.50</b>	<b>£15.75</b>	<b>£18.95</b>
 <b>Chorizo</b> Sirloin	<b>£16.75</b>	<b>£19.95</b>	<b>£23.50</b>
 <b>Ancho</b> Rib-Eye	<b>£17.25</b>	<b>£20.50</b>	<b>£23.95</b>
 <b>Lomo</b> Fillet / Tenderloin	<b>£24.95</b>	<b>£28.95</b>	<b>£34.50</b>
<b>Medallions of Lomo</b>	<b>£19.95</b>		
6oz (170gm) fillet steak with cherry tomatoes			
<i>Should you wish a larger steak than 310gram we price each additional 50 grams (2oz) as follows</i>			
<b>Rump £ 3.50 / Sirloin £ 3.75 / Rib-Eye £ 3.95 / Fillet £ 5.25</b>			
<b>Sauces all £ 1.95 each - Peppercorn / Mushroom Blue Cheese / Malbec / Chimichurri</b>			

Main Courses & Chargrilled Specials

<b>Chargrilled Spatchcock Half Chicken</b> Corn fed chicken with lemon & herb marinade & fries provenzal	£13.25
<b>Lamb Chops with Rosemary Grilled Potatoes</b>	£13.95
<b>Argentine Spiral-Cut Rib-Eye</b> 14oz (400 gram) with provenzal sauce & grilled potatoes	£28.50
<b>Churrasco de Lomo</b> 12oz (340 gram) of Argentine fillet steak marinated for up to 48 hours in a churrasco sauce with steakhouse fries	£35.95
<b>Tagliatelle al Funghi</b> (v) With creamed field & portobello mushrooms with parsley	£11.50
<b>Chicken Milanesa</b> Breaded chicken breast milanesa with creamy mashed potato	£12.95
<b>Roasted Belly of Pork</b> Slowly roasted for 5 hours in a home-made BBQ sauce, served with sweet potato fries	£14.25
<b>Steak Milanesa Napolitana</b> Invented in Buenos Aires the breaded beef is topped with a tomato & herb sauce & melted mozzarella cheese	£14.95
<b>King Prawn Tagliatelle</b> With cherry tomatoes, lemon, garlic & herbs	£15.95

Sharing Options (min 2 persons or more)

The Buenos Aires 'Steak' Sampler

The samplers are served with a choice of steakhouse fries, mashed potato or mixed green salad	
<b>6oz (170gm) of each of our four steak cuts</b> Cuadril (Rump), Chorizo (Sirloin), Ancho (Rib-Eye) & Lomo (Fillet)	£23.95 per person
<b>7oz (200gm) of each of our four steak cuts</b> Cuadril (Rump), Chorizo (Sirloin), Ancho (Rib-Eye) & Lomo (Fillet)	£29.95 per person
<b>Parrillada Argentina 'Grill on the Board'</b> Chorizo sausage, chicken skewers, morcilla, provoleta Argentina, vegetable skewers, marinated lamb chops, 6oz Rump steak & 6oz Sirloin steak	£23.95 per person

If you have any comments or suggestions please tell the manager or visit us at [www.barestaurant.com](http://www.barestaurant.com)  
A discretionary service charge of 10% is added to your bill. All prices include VAT at the current applicable rate.